



## Practice Schedule September 2<sup>nd</sup> – 14<sup>th</sup>

|  | Monday   | Tuesday             | Wednesday           | Thursday            | Friday              | Saturday                                    |
|--|--|---------------------|---------------------|---------------------|---------------------|---|
| September 1-6  |  |                     |                     |                     |                     |   |
| Monday, September 1 <sup>st</sup> – Labor Day Parade!  |  |                     |                     |                     |                     |   |
| WEEK 1<br>All 8 & Under<br>and New<br>Krocs            | *Everyone*<br>Monday,<br>September<br>1 <sup>st</sup> – Labor<br>Day Parade! | 4:30-5:30pm<br>YMCA | None                | 4:30-5:30pm<br>YMCA | 5:30-6:15pm<br>YMCA | 8:00-10:00am<br>USA swimmers<br>only @ YMCA |
| WEEK 1<br>9 & Over<br>Returning<br>Krocs               |  | 6:00-7:30pm<br>GHS  | None                | 6:00-7:30pm<br>GHS  | 4:30-5:30pm<br>YMCA |   |
| September 8-14   |  |                     |                     |                     |                     |   |
| WEEK 2<br>All 8 & Under<br>and New<br>Krocs            | 4:30-5:30pm<br>YMCA  | None                | 4:30-5:30pm<br>YMCA | 4:30-5:30pm<br>YMCA | 5:30-6:15pm<br>YMCA | 8:00-10:00am<br>USA swimmers<br>only @ YMCA |
| WEEK 2<br>9 & Over<br>Returning<br>Krocs               | 6:00-7:30pm<br>GHS   | 7:15-8:30pm<br>GHS  | None                | 6:00-7:30pm<br>GHS  | 4:30-5:30pm<br>YMCA |   |
| Sunday, September 14 <sup>th</sup> – Intra-squad Meet! |  |                     |                     |                     |                     |   |